



## Question Bank

### Class X

#### **Lesson 1**

#### **The Holy Bible**

##### I Short Notes (two or three sentences)

1. Why is a clear understanding of the Bible necessary? (page 10; para 1)
2. What is the content of the first five books of the Bible? (page 11; para 2)
3. How did Jesus reveal the love and mercy of God the Father to humankind? (Page 12; para 1)
4. What is the first means of the revelation of God to us? Why? (page 12; para 3)
5. How did the Old Testament come into being? (page 13; para 2)
6. What is Church's instruction about private interpretation of Bible? (page 14; para 2)
7. Which are the books of the Bible that were written in the year 100 A.D.? (page 12; para 2)
8. What did Albert Einstein say about the relationship between science and religion? (page 16; para 1)
9. What is Church's understanding of the origin of the universe? (page 17; para 1)
10. What is Church's understanding of the origin of life and man? (page 17; para 2)

##### II Answer in a paragraph

1. Describe briefly the composition of the
2. Describe briefly the God experience of the people of Israel. (page 11; para 1)
3. Describe briefly the composition of the New Testament books. (page 12; para 2)
4. 'God did not reveal himself through any written book but through the life and experience of the Church'
5. Why is it said that it is the people of God who wrote the Bible? (page 14; para 1)
6. How does the Holy Scripture regularize the very life-pattern of the Church? (page 15; para 1)
7. Bible and science are complementary to each other. Explain. (page 19; para 2, 3)

##### III Essay

1. Explain briefly the significance of Bible in the life of the Church. (page 14; para 2, 3; page 15; para 1)
2. Explain briefly the Church's understanding of the origin of the universe, origin of life and origin of man. (page 16; para 3 : page 17; para 1, 2)
3. How are the Chapters 1 to 11 of the Book of Genesis to be understood? (page 18 : page 19; para 1)

#### **Lesson 2**

#### **The Holy Trinity**

##### I Short Notes (two or three sentences)

1. What is meant by the Trinity? (page 21; para 2)
2. What are the various references in the Bible about God the Father and God the Son? (page 22; para 2)
3. What is the concept of god in the Old Testament? (page 22; para 4)
4. What are the various names of God of Israel? (page 22; para 4)
5. What are the references about the Holy Trinity in the Old Testament? (page 23; para 1)

6. Why did Jesus call God Abba? (page 23; para 3)
7. What did Jesus promise his Apostles about the coming of the Holy Spirit during his public life? (page 24; para 1)
8. What was the occasion where the three persons in the Trinity is seen present together? How? (page 24; para 2)
9. 'Jesus Christ is Lord' – What does it mean? (page 26; para 3)
10. What is meant by paschal mystery? (page 27; para 1)
11. What is known as perikoresis? (page 29; para 2)

### II Answer in a paragraph

1. Write a short note on the Holy Trinity and revelation. (page 22; para 1-3)
2. How is the Messiah in the old testament and Jesus in the new testament interpreted? (page 26; para 2)
3. Explain briefly the relationship between the Holy Trinity and the Church. (page 27; para 5)
4. 'Holy Qurbono is the greatest worship we offer to the Triune God' – Explain. (page 28; para 1)

### III Essay

1. Explain briefly the references about the Holy Trinity in the New Testament. (page 23; para 2-4 : page 24; para 1, 2)
2. What do you understand by the concept 'WE BELIEVE in One God, God the Father and Jesus Christ – the one God'? (page 25; para 3, 4 : page 26; para 1, 2)
3. 'The Malankara liturgy gives great importance to the Holy Trinity' – Explain. (page 30; para 3-5 : page 31)

## **Lesson 3**

### **Jesus Christ**

#### I Short Notes (two or three sentences)

1. What was the expectation of Israel regarding the coming of the Messiah? (page 34; para 1)
2. What was the prophecy of Micah regarding the Messiah? (page 34; para 4)
3. What are the sources for knowing about the life history of Jesus Christ? (page 36; para 1)
4. 'The birth of Jesus has divided history into two.' - How? (page 37; para 4)
5. What was the salvation envisaged by Jesus? (page 41; para 2)

#### II Answer in a paragraph

1. 'In the Malankara Liturgy, when the divinity of Jesus is extolled, his humanity also is confessed.' - Explain. (page 39; para 1-3)
2. Why is Jesus said to be the Saviour of the world? (page 39; para 4)
3. Write a short note on Jesus in your life. (page 42; para 2)

#### III Essay

1. 'Jesus Christ is perfect man and perfect God.' - Explain. (page 38)
2. Describe briefly the Biblical references concerning the Messiah. (page 34; para 3-5 : page 35)

## **Lesson 4**

### **The Holy Virgin Mary**

#### I Short Notes (two or three sentences)

1. Which are the occasions where Mary is mentioned in the Gospels? (page 44; para 2)
2. What do we confess when we address Mary as 'Mother of God'? (page 47; para 1)
3. What is meant by Ineffabilis Deus? (page 47; para 2)
4. What is meant by Munificentissimus Deus? (page 47; para 3)
5. Which are the feasts celebrated in honour of the Blessed Virgin Mary in the Malankara Church? (page 49; para 1)

6. Which are the symbols used to describe the divine maternity of Mary? (page 49; para 3)
7. Which are the symbols used to describe the perpetual virginity of Mary? (page 50; para 1)
8. Mary is called 'the New Eve' and the 'Second Eve'. - Why? (page 50; para 2)

### II Answer in a paragraph

1. Write a short note on the symbols used to describe the divine maternity of Mary. (page 49; para 3)
2. Write a short note on the symbols used to describe the perpetual virginity of Mary. (page 50; para 2)
3. Write a short note on the devotion towards Holy Mary in our life. (page 51; para 1, 2)

### III Essay

1. Substantiate that Mary is the Mother of God. (page 46; para 4: page 47)
2. Explain briefly the view-point of the Malankara Church about Mary. (page 48: page 49; para 1)

## **Lesson 5**

### **Holy Qurbono - The Preparatory Service**

#### I Short Notes (two or three sentences)

1. What are the different events that are celebrated in the Holy Qurbono? (page 54; para 2)
2. What is the significance of the black outer garment used by the celebrant during the Malankara Qurbono? (page 55; para 5)
3. What does the pulling of the veil signify? (page 56; para 4)
4. What does the entry of the celebrant into the sanctuary signify? (page 56; para 1)
5. What does mixing of water and wine signify in the Malankara Qurbono? (page 57; para 1)
6. Jesus is the eternal priest according to the order of Melchizedek. Prove. (page 56; para 4)

### II Answer in a paragraph

1. Write a short note on the construction of the Holy Qurbono. (page 54; para 2 : page 55; para 1, 2)
2. Explain the service of preparation in the Malankara Holy Qurbono? (page 55; para 2)

### III Essay

1. Describe briefly the Service of Melchizedek in the Malankara Qurbono. (page 56; para 4 : page 57; para 1, 2)
2. Describe briefly the Service of Aaron in the Malankara Qurbono. (page 57; para 3-6)

## **Lesson 6**

### **Holy Qurbono – The Service of the Word**

#### I Short Notes (two or three sentences)

1. What do the incensing and kissing the corners of the thronos, in the beginning of the public service of the Malankara Qurbono , signify? (page 59; para 4)
2. From where does the prayer 'who was crucified for us, have mercy on us' come? (page 60; para 3)
3. What does the Service of the Word of the Holy Qurbono indicate? (page 60; para 4)
4. What is known as Hoololo? (page 61; para 2)
5. What does the second Vatican Council say about the importance of Homily? (page 61; para 2)
6. What do the people proclaim through the Creed? (page 63; para 1)
7. What does ' staumen kalos, kurieeleison' mean? (page 63; para 2)

### II Answer in a paragraph

1. Write a short note on the hymn of the 'Thrice Holy'. (page 60; para 2, 3)
2. 'The priest, who offers sacrifice in the Malankara Liturgy, acts as a representative of both God and the people' – Substantiate. (page 61; para 3)
3. Write a short note on the prayers for the atonement of sins, in the Malankara Qurbono? (page 62; para 1)
4. Why is the Nicene creed recited in the Holy Qurbono? (page 63; para 2)

### III Essay

1. Explain briefly the blessing of the Thurible in the Malankara Qurbono. (page 62; para 1, 2)
2. Explain briefly the 'Readings of the Holy Scripture' (i.e., the Old Testament and the New Testament) in the Holy Qurbono. (page 60; para 4, 5 : page 61; para 1, 2)

### **Lesson 7**

#### **The Service of the Sacrifice**

##### I Short Notes (two or three sentences)

1. What does the word anaphora mean? What is its content? (page 65; para 1)
2. How many prayers are there in the anaphora? What do they signify? (page 65; para 2)
3. What do the stepping upon the darga signify in the Malankara Qurbono? (page 65; para 3)
4. What is remembered during the prayer for peace and the kiss of peace? (page 65; para 3)
5. What is a susopo? What is its peculiarity? (page 66; para 3)
6. Which is the apostolic blessing given to the faithful entrusting them to the Trinity? (page 67; para 4)
7. What is the significance of 'fluttering of hands by the Priest' and praying signify? (page 70; para 3)
8. What happens to the bread and wine during the time of the indwelling of the Holy Spirit? (page 71; para 1)

##### II Answer in a paragraph

1. Write a short note on the celebration of the susopo in the Malankara Qurbono. (page 66; para 3 : page 67; para 1, 2)
2. Explain briefly the Praise of Angels in the Holy Qurbono. (page 68; para 1-4)
3. What does the prayer of the 'anamnesis' signify? (page 70; para 2)
4. Write a short note on the Prayer of the Intercession in the Malankara Qurbono. (page 71; para 2 - 4)

### III Essay

1. Explain briefly the Words of Institution in the Malankara Holy Qurbono. (page 68; para 5 : page 69)

### **Lesson 8**

#### **Holy Qurbono-Sacrificial Banquet**

##### I Short Notes (two or three sentences)

1. What is called sacrificial banquet? (page 73; para 1)
2. Why is the veil drawn across during the service of the Fraction? (page 74; para 1)
3. What do the several greetings of peace mean in the Malankara Church? (page 75; para 2)
4. What is the significance of 'bowing of heads' in the Holy Qurbono? (page 75; para 2)
5. What does the elevation of the Sacred Body and Blood in the Malankara Qurbono mean? (page 77; para 3)
6. How many kukkilions are there in the Malankara Qurbono? Which are they? (page 76; para 2, 3)
7. The kukkilion is sung along with incensing. Why? (page 76; para 4)
8. What does the Holy Communion mean? (page 77; para 2)
9. What is known as Huthomo? (page 78; para 2)

##### II Answer in a paragraph

1. Write a short note on the Lord's Prayer in the Malankara Qurbono. (page 74; para 2, 3)
2. Write a note on the 'Celebration of the Sacred Body and Blood. (page 75; para 2)
3. Write a note on the 'Concluding Blessing' at the dismissal of the Holy Qurbono. (page 78; para 2, 3)

### III Essay

1. Describe briefly the service of the Fraction in the Malankara Qurbono. (page 73; para 1, 2 : page 74; para 1)
2. Describe briefly the procession and the reception of the Holy Qurbono in the Malankara rite. (page 7)

## **Lesson 9**

### **The Various Christian Churches in Kerala**

#### I Short Notes (two or three sentences)

1. Who are known as Marthoma Nazranikal?
2. Which are the non-Catholic Churches in Kerala?
3. Who visited Kerala in AD 52, and name the Churches he established?
4. How many individual Churches are there in the Universal Catholic Church? Which are the three individual Churches in India? (page 83; para 2)
5. Who were the key persons in uniting the Malankara Church with the Catholic Church? (page 85; para 1)
6. Who are the Bava Kakshi and Methran Kakshi? (page 86; para 2)
7. Narrate the beginning of the Independent Malabar Syrian Church. (page 87; para 3)
8. Who are the Sooraikal or the Eastern Chaldean Syrians? (page 88; para 1)
9. Who are the Separitists or the Verpadukar? (page 90; para 3)

#### II Answer in a paragraph

1. Explain briefly the formation of the Latin Catholic Church. (page 84; para 1-3)
2. Why was the Jacobite Church divided into two? (Page 86; para 2)
3. Write a short note on the Chaldean Syrian Church (The Church of the East). (page 88; para 1)
4. What was the role of Abraham Malpan in the protestant reformation in Kerala? (page 89; para 1)

#### III Essay

1. Explain briefly the Koonan Cross Oath and the consequent division in the Kerala Church. (page 82 : page 83; para 1)
2. Describe briefly the birth and growth of the Malankara Catholic Church. (page 84; para 4,5 : page 85; para 1)
3. Describe briefly the birth and growth of the Jacobite Syrian Church. (page 85; para 2 : page 86; para 1, 2)
4. Which are the Catholic Churches in Kerala? Prepare a short explanation about each. (page 83; para 2,3 : page 84 : page 85; para 1)

## **Lesson 10**

### **Reunion and Ecumenism**

#### I Short Notes (two or three sentences)

1. What is known as the Reunion Movement? (page 92; page para 2)
2. What is ecumenism? (page 96; para 2)
3. What does 'Ecumenism' signify in the modern period? (page 96; para 3)
4. What is the Ecumenical aim of the Catholic Church? (page 97; para 3)

#### II Answer in a paragraph

1. Why is the endeavour of Mar Ivanios called Reunion? (page 94; para 2)
2. Write a short note on the ecumenical outlook of the Catholic Church. (page 97; para 1-3)
3. Write a short note on the achievement of the reunion. (page 95; para 1)

## **Lesson 11**

### **The Malankara Catholic Church – Major Archbishop & Catholicos**

#### I Short Notes (two or three sentences)

1. Which are the places where the Patriarchal system of administration was established? (page 101; para 1)
2. What is the reason for primacy of the Roman Patriarch among the other Patriarchs? (page 101; para 2)
3. What is the meaning of the word Maphrian? What is his responsibility? (page 103; para 3)
4. What were the demands put forward by Mar Ivanios to reunite with the Catholic Church? (page 105; para 1)
5. What does it mean 'to teach the Gospel'? (page 107; para 3)
6. What does it mean 'to celebrate the Gospel'? (page 107; para 4)

7. What does it mean 'to live the Gospel'? (page 107; para 5)

### II Answer in a paragraph

1. Write a short note on the status of Malankara Catholic Church as a Major Archiepiscopal Church. (page 105; para 2, 3)
2. Why is it said that the head of the Malankara Catholic Church is the Major Archbishop-Catholicos? (page 106; para 1, 2)

### III Essay

1. Describe briefly the mission of the Malankara Catholic Church. (page 107; page 108; para 1)
2. Describe briefly the titles Patriarch and Catholicos. (page 101, 102)

## **Lesson 12**

### **The Religious Orders in the Malankara Catholic Church**

#### I Short Notes (two or three sentences)

1. Who were the monks (sanyasis)? (page 109; para 2)
2. What are the specialities of the Bethany of the Gospel? (page 110; 3)
3. Who were the founders of the Kurisumala Ashram? What is the order of life in the Ashram? (page 113; para 6)

### II Answer in a paragraph

1. Write a short note on the Holy Spirit Sisters (OSS). (page 115; para 1, 2)

### III Essay

1. Describe briefly the beginning, call and mission of the Order of the Imitation of Christ (OIC). (page 110: page 111; para 1))
2. Describe briefly the beginning, call and mission of the Sisters of the Imitation of Christ (SIC). (page 111; para 2-5: page 112; para 1)
3. Describe briefly the beginning, call and mission of the Sisters of the Religious Congregation of the Daughters of Mary (DM). (page 112; para 2, 3: page 113; para 1-4)

## **Lesson 13**

### **The Erroneous Teachings of the Pentecost Groups**

#### I Short Notes (two or three sentences)

1. Who are Protestants? Who gave leadership to these ideas and started religious revolution? (page 118; para 10)
2. What is called Pentecostalism? (page 118; para 1)
3. Name the main Protestant Churches that came into existence in Europe, America and in other parts of the world? (page 119; para 1)
4. Who are known as Pentecosts? (page 119; para 2)
5. Which are the important Pentecost communities in Kerala? (page 120; para 1)
6. How can we distinguish between the Holy Scripture and the Holy Tradition? (page 122; para 2)

### II Answer in a paragraph

1. Describe briefly the Protestant thought pattern of Martin Luther. (page 118; para 2: page 119; para 1)
2. Write a short note on the Pentecostal Communities. (page 119; para 2: page 120; para 1)
3. Write a short note on the foundation of the Catholic faith: Sacred tradition and Holy Bible. (page 122; para 2)
4. Write a short note on the Holy Tradition and the Catholic Church. (page 125; para 2-5)

### III Essay

1. Explain briefly the sentimental spirituality of Pentecostalism. (page 120; para 3: page 121; para 1, 2)

2. Explain briefly the relationship between Holy Tradition and Holy Scripture. (page 123; para 1, 2: page 124; para 1)
3. Explain briefly the Holy traditions the Pentecosts have lost and the new systems they have added. (page 126, 127)

## **Lesson 14**

### **Different Religions and Religious Friendship**

#### I Short Notes (two or three sentences)

1. What are religions? What do they teach? (page 129; para 1)
2. How did Hindu religion come into being? (page 129; para 2)
3. Which are the important religious books of Hinduism? (page 130; para 1)
4. What is the God concept of Hinduism? (page 130; para 2)
5. What was the chief aim and teachings of Sree Buddha? (page 131; para 1)
6. What are known as triple pearls? (page 132; para 1)
7. Who is the first Guru of Sikh religion? Which is the holy book and holy city of Sikh religion? (page 132; para 3)
8. What makes Jewish religion different from other religions? (page 133; para 1)
9. What is the God concept of Islam religion? (page 134; para 2)
10. What is the aim of the Islam religion? What does it demand from the faithful? (page 134; para 5)
11. Who are Christians? Which are the different groups in Christian religion? (page 135; para 2)
12. How does Christianity understand Jesus? (page 135; para 3)

#### II Answer in a paragraph

1. Explain briefly the teachings of Buddhism? (page 131; para 1)
2. Explain briefly the approach of the Catholic Church to different religions. (page 136; para 1-3)
3. What is the need of religious friendship? ((page 136; para 4,5)

#### III Essay

1. Explain briefly the uniqueness of the Christian religion. (page 134; para 7 : page 135)
2. Describe briefly the beginning and growth of Jewish religion. (page 133)

## **Lesson 15**

### **The Uneasiness and Worries of Adolescence**

#### I Short Notes (two or three sentences)

1. Why is there a need for recognition for adolescents in a Society? (page 143)

#### II Answer in a paragraph

1. How does inferiority complex affect a person badly? What is its remedy? (page 144; para 3)
2. Why is emotional maturity an important part of personality development? (page 141; para 1)
3. Why is personality development an important aspect for adolescence? (page 143; para 3)

#### III Essay

1. Explain briefly the specialties of adolescence. (page 140)
2. Describe briefly the needs of adolescence and their fulfillment. (page 142; 2-5 : page 143 : page 144)

## **Lesson 16**

### **Sexuality-Gift of God**

### I Short Notes (two or three sentences)

1. Why is sexuality said to be gift of God? (page 147; para 2)

### II Answer in a paragraph

1. Write a note on chastity.

### III Essay

1. Explain briefly the morality of sexuality. (page 148; para 3 ; page 149)
2. Explain briefly the aim of sexuality. (page 148; para 1, 2)

## **Lesson 17**

### **Suffering in Christian Life**

#### I Short Notes (two or three sentences)

1. What is the cause of suffering as seen by the Old Testament? (page 152; para 6)
2. How did Jesus submit himself to the plan of God? (page 155; para 1)
3. What is the vision of St. Paul about suffering? (page 156; para 1)
4. What is the salvific dimension of suffering? (page 156; para 1)

#### II Answer in a paragraph

1. 'The Old Testament proclaims that suffering is not meaningless; on the other hand, it gives loftiness and perfection to life.' – Explain. (page 153; para 1)
2. Explain briefly the salutary measure of suffering. (page 155; para 3 : page 156 ; para 1)
3. How can one participate in the sufferings of others? (page 156; para 2)
4. 'It is on the occasion of suffering that the true character and glory of a human being is known.' Substantiate. (page 156; para 3)

#### III Essay

1. Describe briefly the suffering as seen in the Old Testament. (page 152; para 6 : page 153; para 1)
2. Describe briefly the suffering of Jesus and the hope it gives to every human being amidst suffering. (page 154 : page 155; para 1, 2)

## **Lesson 18**

### **Different States of Life**

#### I Short Notes (two or three sentences)

1. What is meant by the call of God? (page 158; para 2)
2. Which are the different states of life in the Catholic Church? What is the aim of these? (page 159; para 1)
3. What is the aim of the family? (page 159; para 2)
4. Why is it said marriage also is a call of God? (page 159; para 4)
5. What do the services of the blessing of the rings and the crown in the sacrament of marriage of the Malankara liturgy symbolize? (page 160; para 2)
6. What is meant by priesthood? What is the mission that priests undertake united with Christ? (page 161; para 2, 3)
7. Who are sanyasis? What is their duty? (page 162; para 2)

#### II Answer in a paragraph

1. 'Marriage is a sacrament.' – Explain. (page 160; para 2-4)
2. Describe the three kinds of duties the priest undertakes through the priestly service. (page 161; para 4, 5 ; page 162; 1, 2)

#### III Essay



1. Describe briefly marriage as a state of life in the Catholic Church. (page 159; para 2-4 : page 160 : page 161; para 1)
2. 'Priesthood is a state of life in the Catholic Church.' - Explain. (page 161; para 2-5 : page 162; para 1, 2)

## **Lesson 19**

### **Love the Nature**

#### I Short Notes (two or three sentences)

1. How is nature related to human beings? (page 166; para 2)
2. What is the role of mangrove forest in keeping the ecological balance? (page 169; para 3)
3. Trees are the natural way of irrigation. Why? (page 169; para 4)
4. What will happen if under-ground-water is exploited? (page 170; para 1)

#### II Answer in a paragraph

1. 'If there is no forest, there is no air; no water.' – Explain. (page 169; para 1,2)
2. Write a short note on the mangrove forest. (page 169; para 3)

#### III Essay

1. Make clear the importance of atmosphere and water in nature. (page 166; para 3 : page 167)
2. Make clear the importance of soil, tree and birds in nature. (page 168: page 170; para 2)

## **Lesson 20**

### **The Last Judgment and the Life after Death**

#### I Short Notes (two or three sentences)

1. What is the new meaning Jesus gives to death? (page 174; para 1)
2. What is meant by the general and particular judgements? (page 174; para 4)
3. What does it mean by the resurrection of the body? (page 175; para 3)
4. What is meant by purgatory? (page 176; para 2)
5. Write two Biblical references to show the need of praying for the dead? (page 176; para 3)

#### II Answer in a paragraph

1. What is the new meaning Jesus gives to death? (page 174; para 1)
2. Write a short note on the last judgement. (page 174; para 2-4)
3. Write a short note on the resurrection of the body. (page 175; para 1-3)

#### III Essay

1. Describe the necessity of praying for the dead, based on the Holy Scripture and tradition. (page 175; para 3,4 : page 176)